



# A Near-peer Internship Bootcamp: a Novel Approach to Internship Orientation

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## INTRODUCTION

- Many interns experience challenges in their new roles as physicians.
- Orientation and onboarding are typically delivered by faculty/administration to help with the transition to residency. However, the focus is often on procedures and policies and do not focus on the intern's daily duties from near-peer perspectives.
- To address this, we developed a short, focused, mentorship bootcamp program delivered by residents to help interns with their roles and responsibilities.
- This included mentorship in oral presentations, the written composition of notes, and guidance for utilizing the electronic health record (EHR) to provide efficient and effective patient care.

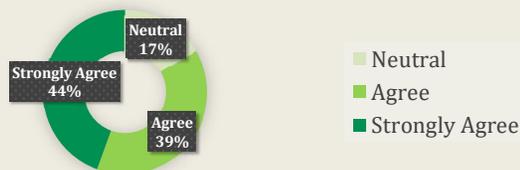
## METHODS

- The program was conducted over 6 days from June 25<sup>th</sup>-30<sup>th</sup>, 2020, at Wayne State University/Detroit Medical Center, in Detroit, MI.
- Participation was voluntary.
- Interested senior residents (mentors) were assigned incoming interns (mentees) on a 1:2 basis.
- Mentors met with mentees during 5 sessions lasting between 40-60 minutes per session.
- Sessions were virtual due to the COVID-19 pandemic.
- A 14-question post-program survey was conducted to assess the participant's perceptions, experience, and overall satisfaction with the program.

## RESULTS

- 15 senior residents (11 PGY-1 and 4 PGY2) and 29 interns (76% of total interns) participated.
- Of those who participated, 18 (62.1%) responded to the survey.
- 83.3% of respondents reported that the program helped them better understand the daily workflow.
- 49.9% expressed that they were more comfortable navigating the EHR.
- All respondents (100%) agreed the program should continue in the next academic year, with 83% responding that they would be willing to participate as mentors.

### Understanding daily workflow

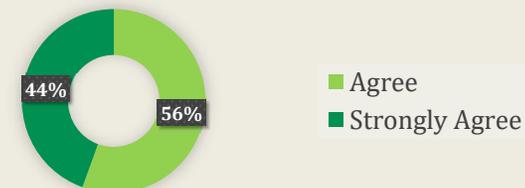


### Comfortability navigating the EHR



## RESULTS

Continue the program for the next academic year



## CONCLUSIONS

- A short and focused near-peer mentor program, prior to the start of the intern year, positively impacted the daily workflow, comfort in navigating the EHR, and critical skills required by interns.
- Due to an overwhelmingly positive response, we will work in the next academic year to incorporate this program directly into the interns' orientation curriculum.

## REFERENCES

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2. Knobloch AC, Ledford CJW, Wilkes S, Saperstein AK. The Impact of Near-Peer Teaching on Medical Students' Transition to Clerkships. Fam Med. 2018 Jan;50(1):58-62.