Internal Medicine M3 Near-Peer Mentorship Program:
A Mentorship Program Connecting Internal Medicine Residents and Third Year Medical Students

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INTRODUCTION

- Third-year clerkships are a pivotal portion of medical school as they offer students the opportunity to refine clinical skills.

- Internal Medicine (IM) residents are an important resource to students during a vulnerable transition in their education.

- Third year medical students (M3) have pre-clinical sessions with faculty to prepare for clinicals, however a student's working relationship within the medical team is in the greatest contact with a resident physician.

METHODS

- We identified three mandatory lessons from medical student feedback:
  - Navigating the EMR
  - How to look good on rounds & call a consult
  - Social Determinants of Health, Conflict Resolution and Feedback

- M3s and IM residents were invited by email to join as mentees and mentors, respectively.

- Mentors and mentees were matched based on interests and hometown.

- M3s were sent a questionnaire which included 8 Likert-type questions to assess preparedness before starting the program, and before and after each lesson.

Contact Info

References

Medical students do not feel prepared for duties during clerkships

A Near-Peer Mentorship Program led by residents may help medical students feel more comfortable navigating responsibilities during the IM clerkship.

RESULTS

- 50 M3s; 25 IM residents participated in a 1:2 M3:IM resident ratio.
- 76% of M3s completed the pre-mentorship survey (38/50).

Table 1: Pre-Mentorship Survey Results	
Prompt	**Response**
Applying to residency?	2.0
Calling a consultant?	2.3
"Look good on rounds"?	2.5
Addressing and resolving conflict?	2.7
Writing patient notes?	2.8
Starting internal medicine clerkship?	2.9
Navigating Cerner EMR?	2.9
Presenting patients on rounds?	3.0
Discussing social determinants of health with a patient?	3.2
Scale: 1=not comfortable; 5=very comfortable	

NEXT STEPS

- M3s do not feel sufficiently prepared for third year clerkships.

- Connecting with a resident mentor may facilitate the medical student experience.

- We are currently collecting post-mentorship data to assess the impact of the program.